

September 25, 2004

3rd Annual Helpers Fund 5k & 10k

6TH

Overall Finish List

5k MEN

Overall	Name	Team	Bib No	Age	Age Group	Time	Pace
1	Craig Fischberg		157	39	1 M 30-39	17:07	3:25/K
2	John Camelio		145	58	1 M 50-59	17:46	3:33/K
3	Andre Wade	North Warren 1	101	15	1 M 14-19	18:08	3:38/K
4	Dave Fish	North Warren 1	151	15	2 M 14-19	18:16	3:39/K
5	Michael Stalker		143	41	1 M 40-49	18:43	3:45/K
6	Noah Dingman	North Warren 1	102	14	3 M 14-19	19:00	3:48/K
7	GREGORY Turcotte	North Warren 1	108	15	4 M 14-19	19:52	3:58/K
8	Scott Vogel		138	45	2 M 40-49	19:54	3:59/K
9	Ryan Wade		100	14	5 M 14-19	19:57	3:59/K
10	Fred Herbst		14	49	3 M 40-49	19:58	4:00/K
11	Bill Dawson		142	53	2 M 50-59	20:06	4:01/K
12	W. Tavish Costello		44	22	1 M 20-29	20:35	4:07/K
13	MATHEW FRASIER		116	17	6 M 14-19	20:36	4:07/K
14	Ian Phillips		150	42	4 M 40-49	20:37	4:07/K
15	Daniel Lyons		53	48	5 M 40-49	20:59	4:12/K
16	STU MEAD	North Warren 1	35	14	7 M 14-19	21:00	4:12/K
17	Jeffrey Bennett	The Wind Runners	112	12	1 M 10-13	21:01	4:12/K
18	Aaron Griffen		124	14	8 M 14-19	21:02	4:12/K
19	Mark Schachner		32	49	6 M 40-49	21:31	4:18/K
20	Jim Goodspeed		12	53	3 M 50-59	21:33	4:19/K
21	Forrest Jones		41	44	7 M 40-49	21:43	4:21/K
22	Richard Hannaburgh		127	17	9 M 14-19	22:03	4:25/K
23	Dave Wade		99	45	8 M 40-49	22:20	4:28/K
24	Ethan Tyrrell	Schroon Lake 2	149	13	2 M 10-13	22:35	4:31/K
25	Jeff VanArnum		122	31	2 M 30-39	23:21	4:40/K
26	Edward Carney		130	46	9 M 40-49	23:26	4:41/K
27	Wayne Witherwax		40	43	10 M 40-49	23:59	4:48/K
28	Gareth Moses	Schroon Lake 1	79	9	1 M 0-9	24:27	4:53/K
29	Ryan Egan		96	12	3 M 10-13	24:28	4:54/K
30	Peter Gushee		57	49	11 M 40-49	24:55	4:59/K
31	Ian Williams	Schroon Lake 2	83	10	4 M 10-13	25:04	5:01/K
32	Will Lowe	Schroon Lake 2	86	10	5 M 10-13	25:05	5:01/K
33	Ian Lowe	Schroon Lake 1	81	8	2 M 0-9	25:06	5:01/K
34	James Emrick	Schroon Lake 2	84	10	6 M 10-13	25:16	5:03/K
35	Perry Pendell		42	39	3 M 30-39	26:07	5:13/K
36	Tim Costello		45	57	4 M 50-59	26:14	5:15/K
37	Garth Griffen		54	11	7 M 10-13	26:22	5:16/K
38	David Biggs		141	54	5 M 50-59	26:24	5:17/K
39	Anthony (Kyle) DeVita	Schroon Lake 1	78	9	3 M 0-9	26:27	5:17/K
40	Mark Carpenter		94	46	12 M 40-49	26:28	5:18/K
41	Tom Smith		33	56	6 M 50-59	26:51	5:22/K
42	Michael Carney		131	13	8 M 10-13	27:04	5:25/K
43	Joseph Damon		56	12	9 M 10-13	27:09	5:26/K
44	David Smith		50	34	4 M 30-39	27:17	5:27/K
45	Mark Sissions		158	45	13 M 40-49	28:04	5:37/K
46	Jim Norton		28	38	5 M 30-39	28:05	5:37/K
47	Howard Tabachnick		125	45	14 M 40-49	28:20	5:40/K
48	KURT DAMON		117	49	15 M 40-49	28:33	5:43/K
49	Wesley Beers	Schroon Lake 2	87	11	10 M 10-13	29:05	5:49/K
50	Karl Dingman		104	44	16 M 40-49	29:10	5:50/K
51	Jeffery Armstrong	Schroon Lake 1	80	9	4 M 0-9	29:12	5:50/K
52	Nick Langabeer		140	11	11 M 10-13	29:13	5:51/K
53	Mitchell Beers	Schroon Lake 1	82	9	5 M 0-9	29:21	5:52/K

*Overall place among males only

Overall Finish List**5k**

<u>Overall</u>	<u>Name</u>	<u>Team</u>	<u>Bib No</u>	<u>Age</u>	<u>Age Group</u>	<u>Time</u>	<u>Pace</u>
54	Ken Little		23	56	7 M 50-59	29:52	5:58/K
55	Glenn Hintze		15	42	17 M 40-49	29:55	5:59/K
56	Mike Welsh		37	57	8 M 50-59	32:27	6:29/K
57	Jacob Wickham		38	27	2 M 20-29	32:59	6:36/K
58	Michael Roberts		30	35	6 M 30-39	33:56	6:47/K
59	Tim Hannaburgh		120	11	12 M 10-13	34:21	6:52/K
60	Cody Armstrong		139	12	13 M 10-13	37:01	7:24/K
61	Vern Collins		153	82	1 M 70-99	37:22	7:28/K
62	JEFF CUTTING		119	34	7 M 30-39	42:22	8:28/K
63	Thomas Keller		52	63	1 M 60-69	44:15	8:51/K
64	Orlando Gezzi		10	81	2 M 70-99	46:06	9:13/K
65	Pat Farrell		8	61	2 M 60-69	46:36	9:19/K
66	Anthony Orientale		121	12	14 M 10-13	47:42	9:32/K
67	Ryan Otruba		128	11	15 M 10-13	47:43	9:33/K
68	Robert Beaton		66	8	6 M 0-9	50:13	10:03/K
69	Benaiah Smith		48	6	7 M 0-9	53:16	10:39/K
DNF	Daniel Cartledge		3	15	M 14-19		
DNF	Frank Crowley		5	45	M 40-49		
DNF	Noah Friedland		114	17	M 14-19		
DNF	Timothy Hayes		13	45	M 40-49		
DNF	Barry Hopkins		16	58	M 50-59		
DNF	Patrick Hopkins		17	14	M 14-19		
DNF	Alex Insley		19	30	M 30-39		
DNF	Paul Jenkins		49	38	M 30-39		
DNF	Michael Knox		21	34	M 30-39		
DNF	Thomas Vaughn		36	31	M 30-39		