

Race Date
September 25, 2004

~~3rd~~ Annual Helpers Fund 5k & 10k

6TH

Overall Finish List

5k - MEN & WOMEN

<u>Overall</u>	<u>Name</u>	<u>Team</u>	<u>Bib No</u>	<u>Age</u>	<u>Age Group</u>	<u>Time</u>	<u>Pace</u>
1	Craig Fischberg		157	39	1 M 30-39	17:07	3:25/K
2	John Camelio		145	58	1 M 50-59	17:46	3:33/K
3	Andre Wade	North Warren 1	101	15	1 M 14-19	18:08	3:38/K
4	Dave Fish	North Warren 1	151	15	2 M 14-19	18:16	3:39/K
5	Michael Stalker		143	41	1 M 40-49	18:43	3:45/K
6	Noah Dingman	North Warren 1	102	14	3 M 14-19	19:00	3:48/K
7	GREGORY Turcotte	North Warren 1	108	15	4 M 14-19	19:52	3:58/K
8	Scott Vogel		138	45	2 M 40-49	19:54	3:59/K
9	Ryan Wade		100	14	5 M 14-19	19:57	3:59/K
10	Fred Herbst		14	49	3 M 40-49	19:58	4:00/K
11	Bill Dawson		142	53	2 M 50-59	20:06	4:01/K
12	W. Tavish Costello		44	22	1 M 20-29	20:35	4:07/K
13	MATHEW FRASIER		116	17	6 M 14-19	20:36	4:07/K
14	Ian Phillips		150	42	4 M 40-49	20:37	4:07/K
15	Daniel Lyons		53	48	5 M 40-49	20:59	4:12/K
16	STU MEAD	North Warren 1	35	14	7 M 14-19	21:00	4:12/K
17	Jeffrey Bennett	The Wind Runners	112	12	1 M 10-13	21:01	4:12/K
18	Aaron Griffen		124	14	8 M 14-19	21:02	4:12/K
19	SARAH TURCOTTE	The Wind Runners	109	12	1 F 10-13	21:03	4:13/K
20	Mark Schachner		32	49	6 M 40-49	21:31	4:18/K
21	Jim Goodspeed		12	53	3 M 50-59	21:33	4:19/K
22	Forrest Jones		41	44	7 M 40-49	21:43	4:21/K
23	Richard Hannaburgh		127	17	9 M 14-19	22:03	4:25/K
24	Dave Wade		99	45	8 M 40-49	22:20	4:28/K
25	Ethan Tyrrell	Schroon Lake 2	149	13	2 M 10-13	22:35	4:31/K
26	Jeff VanArnum		122	31	2 M 30-39	23:21	4:40/K
27	Edward Carney		130	46	9 M 40-49	23:26	4:41/K
28	Melissa Frederick	The Wind Runners	110	11	2 F 10-13	23:30	4:42/K
29	Sarah Carpenter		97	20	1 F 20-29	23:42	4:44/K
30	Wayne Witherwax		40	43	10 M 40-49	23:59	4:48/K
31	Gareth Moses	Schroon Lake 1	79	9	1 M 0-9	24:27	4:53/K
32	Ryan Egan		96	12	3 M 10-13	24:28	4:54/K
33	Desiree Guan		9	25	2 F 20-29	24:36	4:55/K
34	Peter Gushee		57	49	11 M 40-49	24:55	4:59/K
35	Ian Williams	Schroon Lake 2	83	10	4 M 10-13	25:04	5:01/K
36	Will Lowe	Schroon Lake 2	86	10	5 M 10-13	25:05	5:01/K
37	Ian Lowe	Schroon Lake 1	81	8	2 M 0-9	25:06	5:01/K
38	James Emrick	Schroon Lake 2	84	10	6 M 10-13	25:16	5:03/K
39	ELIZABETH MULLIGAN		115	17	1 F 14-19	25:57	5:11/K
40	Heather McFadden		113	17	2 F 14-19	25:58	5:12/K
41	Morgan Wilson	The Wind Runners	107	12	3 F 10-13	26:00	5:12/K
42	Perry Pendell		42	39	3 M 30-39	26:07	5:13/K
43	Tim Costello		45	57	4 M 50-59	26:14	5:15/K
44	Karen Costello		46	49	1 F 40-49	26:15	5:15/K
45	Rimma Maasbach		25	45	2 F 40-49	26:16	5:15/K
46	Jessica Gallo		60	24	3 F 20-29	26:17	5:15/K
47	Garth Griffen		54	11	7 M 10-13	26:22	5:16/K
48	David Biggs		141	54	5 M 50-59	26:24	5:17/K
49	Anthony (Kyle) DeVita	Schroon Lake 1	78	9	3 M 0-9	26:27	5:17/K
50	Mark Carpenter		94	46	12 M 40-49	26:28	5:18/K
51	Tom Smith		33	56	6 M 50-59	26:51	5:22/K
52	Lisa Nieradka		27	39	1 F 30-39	27:01	5:24/K
53	Michael Carney		131	13	8 M 10-13	27:04	5:25/K

September 25, 2004

GT4

Overall Finish List

5k

<u>Overall</u>	<u>Name</u>	<u>Team</u>	<u>Bib No</u>	<u>Age</u>	<u>Age Group</u>	<u>Time</u>	<u>Pace</u>
54	Ruth Campbell		1	48	3 F 40-49	27:06	5:25/K
55	Joseph Damon		56	12	9 M 10-13	27:09	5:26/K
56	David Smith		50	34	4 M 30-39	27:17	5:27/K
57	Eileen McNamara		137	25	4 F 20-29	27:37	5:31/K
58	Susan Streeter		34	45	4 F 40-49	27:38	5:32/K
59	Zhanna Maysyuk		43	29	5 F 20-29	27:48	5:34/K
60	Amy Van Ess		58	31	2 F 30-39	27:55	5:35/K
61	Ashley Whitty	Schroon Lake 3	90	13	4 F 10-13	28:02	5:36/K
62	Mindy Whitty	Schroon Lake 3	91	12	5 F 10-13	28:03	5:37/K
63	Mark Sissions		158	45	13 M 40-49	28:04	5:37/K
64	Jim Norton		28	38	5 M 30-39	28:05	5:37/K
65	Tina Armstrong		71	41	5 F 40-49	28:09	5:38/K
66	Rebecca Keller		20	51	1 F 50-59	28:19	5:40/K
67	Howard Tabachnick		125	45	14 M 40-49	28:20	5:40/K
68	Linda Wolfe		146	38	3 F 30-39	28:32	5:42/K
69	KURT DAMON		117	49	15 M 40-49	28:33	5:43/K
70	Susan Stoltzfny		126	40	6 F 40-49	28:37	5:43/K
71	Mallory Wolfe		147	9	1 F 0-9	28:39	5:44/K
72	Danielle Granger		123	33	4 F 30-39	29:00	5:48/K
73	Wesley Beers	Schroon Lake 2	87	11	10 M 10-13	29:05	5:49/K
74	Lois Smith		55	63	1 F 60-69	29:07	5:49/K
75	Michelle Parent		152	36	5 F 30-39	29:09	5:50/K
76	Karl Dingman		104	44	16 M 40-49	29:10	5:50/K
77	Ann Dingman		103	43	7 F 40-49	29:11	5:50/K
78	Jeffery Armstrong	Schroon Lake 1	80	9	4 M 0-9	29:12	5:50/K
79	Nick Langabeer		140	11	11 M 10-13	29:13	5:51/K
80	Mitchell Beers	Schroon Lake 1	82	9	5 M 0-9	29:21	5:52/K
81	Ken Little		23	56	7 M 50-59	29:52	5:58/K
82	Glenn Hintze		15	42	17 M 40-49	29:55	5:59/K
83	NATALIE CUTTING		118	23	6 F 20-29	31:04	6:13/K
84	Nicole Beers	Schroon Lake 3	92	13	6 F 10-13	31:17	6:15/K
85	Kiersten Langabeer	Schroon Lake 3	89	13	7 F 10-13	31:18	6:16/K
86	Emily Whitney	Schroon Lake 3	88	12	8 F 10-13	31:19	6:16/K
87	Korinne Talham		135	11	9 F 10-13	31:25	6:17/K
88	Jen Parker		72	56	2 F 50-59	31:37	6:19/K
89	Laune Camelio		144	54	3 F 50-59	31:44	6:21/K
90	Marlele Lyons		156	55	4 F 50-59	31:55	6:23/K
91	MaryAnne Egan		95	40	8 F 40-49	32:16	6:27/K
92	Mike Welsh		37	57	8 M 50-59	32:27	6:29/K
93	Jenny Bottali		155	16	3 F 14-19	32:40	6:32/K
94	Desiree Lanoue		76	8	2 F 0-9	32:42	6:32/K
95	Jacob Wickham		38	27	2 M 20-29	32:59	6:36/K
96	Rachel Wickham		39	27	7 F 20-29	32:59	6:36/K
97	CASSIE Maday	The Wind Runners	111	9	3 F 0-9	33:19	6:40/K
98	Linda Lowe		73	39	6 F 30-39	33:30	6:42/K
99	Jennifer Gillotti		11	32	7 F 30-39	33:44	6:45/K
100	Michael Roberts		30	35	6 M 30-39	33:56	6:47/K
101	Sara Roberts		31	35	8 F 30-39	33:56	6:47/K
102	Tim Hannaburgh		120	11	12 M 10-13	34:21	6:52/K
103	Susan Dornan		51	44	9 F 40-49	34:30	6:54/K
104	Cody Armstrong		139	12	13 M 10-13	37:01	7:24/K
105	Vern Collins		153	82	1 M 70-99	37:22	7:28/K
106	Wendy Davis		129	38	9 F 30-39	37:31	7:30/K

5k

Overall	Name	Team	Bib No	Age	Age Group	Time	Pace
107	Delaney Beckhorn		75	7	4 F 0-9	37:59	7:36/K
108	Claire Whittney		74	9	5 F 0-9	38:11	7:38/K
109	Miranda DeZalia		77	8	6 F 0-9	38:13	7:39/K
110	Kelly DeZalia		148	36	10 F 30-39	38:16	7:39/K
111	ASHLEY Maresca		105	10	10 F 10-13	38:58	7:48/K
112	REBECCA Maresca		106	41	10 F 40-49	38:59	7:48/K
113	Lindsey Morissey		85	13	11 F 10-13	40:29	8:06/K
114	Donna Smith		133	43	11 F 40-49	42:10	8:26/K
115	JEFF CUTTING		119	34	7 M 30-39	42:22	8:28/K
116	Cindy Talham		136	40	12 F 40-49	42:22	8:28/K
117	Cathy Moses		134	53	5 F 50-59	42:51	8:34/K
118	Hilarie Smith		132	13	12 F 10-13	43:15	8:39/K
119	Racheal Pecor		68	12	13 F 10-13	43:16	8:39/K
120	Susan Armbrrecht		63	51	6 F 50-59	43:43	8:45/K
121	Thomas Keller		52	63	1 M 60-69	44:15	8:51/K
122	Evie Bottali		154	47	13 F 40-49	45:15	9:03/K
123	Orlando Gezzi		10	81	2 M 70-99	46:06	9:13/K
124	Charity Smith		47	9	7 F 0-9	46:33	9:19/K
125	Lori Kunker		98	34	11 F 30-39	46:36	9:19/K
126	Pat Farrell		8	61	2 M 60-69	46:36	9:19/K
127	Mary Kruegler		22	54	7 F 50-59	46:38	9:20/K
128	Mary Jane McCoy		61	59	8 F 50-59	46:50	9:22/K
129	Anthony Orientale		121	12	14 M 10-13	47:42	9:32/K
130	Ryan Otruba		128	11	15 M 10-13	47:43	9:33/K
131	Judy Cross		67	64	2 F 60-69	50:01	10:00/K
132	Robert Beaton		66	8	6 M 0-9	50:13	10:03/K
133	Rachel Rowe		62	47	14 F 40-49	50:48	10:10/K
134	Dona Yeskoo		64	50	9 F 50-59	50:49	10:10/K
135	Benaiah Smith		48	6	7 M 0-9	53:16	10:39/K
DNF	Jacqueline Carey		2	39	F 30-39		
DNF	Daniel Cartledge		3	15	M 14-19		
DNF	Jeanne Connery		4	38	F 30-39		
DNF	Frank Crowley		5	45	M 40-49		
DNF	Kimberly Davis		69	30	F 30-39		
DNF	Mary Denison		6	54	F 50-59		
DNF	Kathleen Deters-Hayes		7	45	F 40-49		
DNF	Noah Friedland		114	17	M 14-19		
DNF	Timothy Hayes		13	45	M 40-49		
DNF	Barry Hopkins		16	58	M 50-59		
DNF	Patrick Hopkins		17	14	M 14-19		
DNF	Barbara Hunt		18	54	F 50-59		
DNF	Alex Insley		19	30	M 30-39		
DNF	Paul Jenkins		49	38	M 30-39		
DNF	Terry Johnson		65	49	F 40-49		
DNF	Michael Knox		21	34	M 30-39		
DNF	Janet Longstaff		24	51	F 50-59		
DNF	Victoria Mesko		26	31	F 30-39		
DNF	Shelli Reickert		29	35	F 30-39		
DNF	Thomas Vaughn		36	31	M 30-39		